



***This Year I Take the Pledge for Sustainable Living
by choosing to:***

1. ___ Turn off the lights in empty rooms and ask my teachers to do the same at school
2. ___ Turn off electric toys, the TV, and other electronics when I'm not using them
3. ___ Grow one thing my family can eat
4. ___ Recycle all newspaper, mixed paper, cans, glass and plastic
5. ___ Turn off the water while brushing my teeth or soaping my hands
6. ___ Put on a sweater or extra blanket when I'm cold instead of turning up the heat
7. ___ Open windows and use fans instead of air conditioning on hot days
8. ___ Replace one car trip a month with walking, biking, or public transportation
9. ___ Ask my parents to carpool when possible
10. ___ Donate and purchase gently used clothing and toys
11. ___ Decide what I want to eat before opening the refrigerator door
12. ___ Take short showers instead of baths

Thanks for taking the pledge – now be counted! Our goal is to have 360 congregants take the pledge by Rosh Hashanah 2010. See the opposite side of this sheet or above for the adult pledge. Send your name and the names of all other household members who are taking the pledge to: Eileen Jacobowitz at ejacobowitz@comcast.net so we can add you to our list! For children, please include their age. Read the Koleinu to track our progress and to find more information about B'nai Israel's Campaign for Sustainable Living.

